



challenges
abroad

CAMBODIA ENVIRONMENT INTERNSHIP

www.challengesabroad.com.au



futureSense
FOUNDATION



About Us

Greater Social Equality. A More Sustainable Environment. A More Secure World for Everyone.



Challenges Abroad is a social enterprise that provides impactful customised overseas learning programs for students. Our mission is to develop the next generation of Global Citizens who as future leaders will help shape a better future for everyone.

We have had over **8,000** participants from both Australia and the UK join our programs!

The Challenges Abroad Difference



Creating a community of Global Citizens



Sustainable community impact through our partnership with the FutureSense Foundation



Full pre-departure support (on campus and online), as well as 24/7 support in-country

Supporting our Charity

The FutureSense Foundation

Challenges Abroad supports international development through our partner charity, [the FutureSense Foundation](#). They have a team based in-country year-round that not only ensures that our programs form part of a sustainable development plan that will benefit the community long-term, but they also support you throughout your program. Our teams act as mentors in helping you develop key skills and competencies. Our partnership ensures that your work is meaningful and gives you a chance to make a real difference.



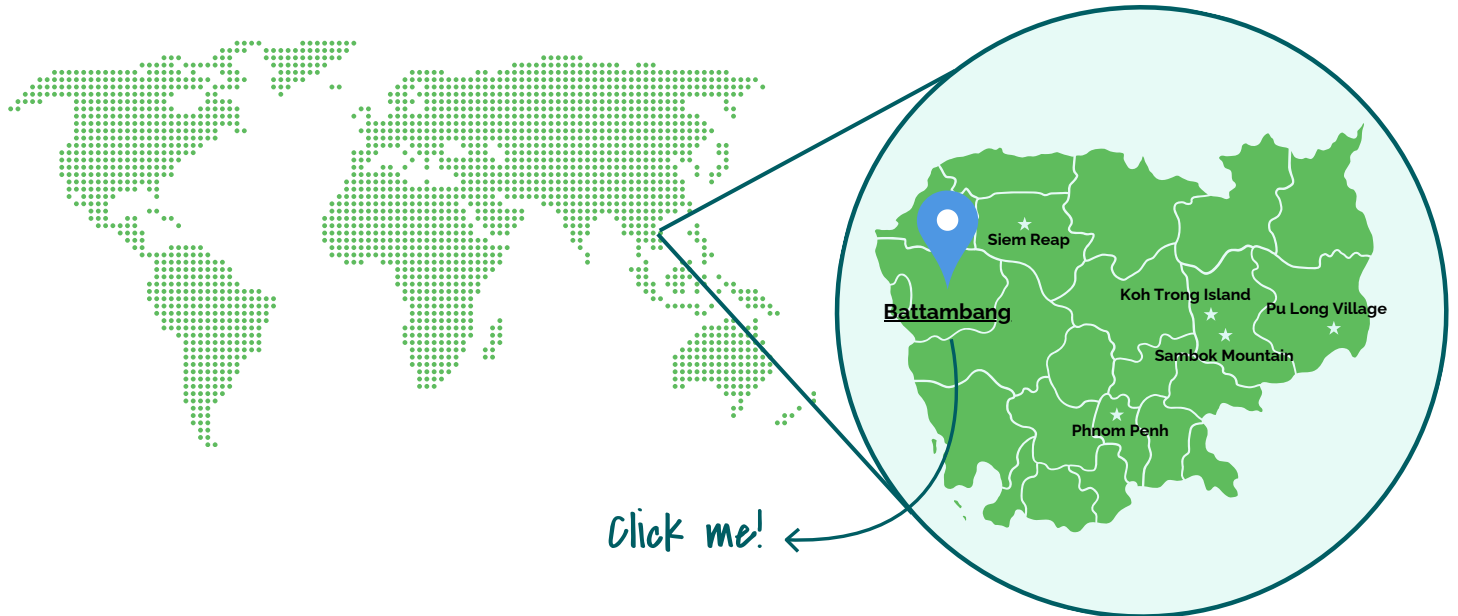
Going Carbon Neutral

We have partnered with an organisation called [Evergreen](#) to neutralise the carbon footprint generated by your trip. With Evergreen, we will be planting trees in Kenya and Nepal, supporting the local community in the area, generating employment and neutralising carbon emissions. In addition we encourage students to participate in activities such as tree planting and reducing their use of plastic.



The Essentials

Our Cambodia Environment Internship is the perfect way to use your passion for the environment, fully immerse yourself in Cambodian lifestyle and culture, while using your skills and knowledge to make an impact on the lives of the local community...



Location:

Battambang,
Cambodia



Dates:

Dates to be
determined



Cost:

\$3,800 (4 weeks)
\$300 per extra week



Duration:

4-12 weeks
(starting on a
Saturday)



Cambodia faces numerous environmental challenges. Lack of waste disposal and recycling systems means that waste is piled up, damaging the environment and threatening people's health.

By fulfilling this internship, you'll be addressing these issues as you work on a project that contributes to the FutureSense Foundation's long-term community education goals. You can expect to be conducting research, creating new and engaging curricula that meets the community's needs, delivering workshops at local schools, running teacher training sessions and assisting FutureSense staff with day-to-day tasks.





Program Itinerary

Orientation Weekend

When you arrive at Siem Reap International airport, you'll be welcomed by a member of our team to kickstart your adventure! They'll take you to your accommodation in Battambang (approx. 3 hours by bus), help you settle in and organise your welcome dinner. The next day you'll have a full introduction to the FutureSense Foundation and our team will show you around town so that you can get your bearings. There will be plenty of time to explore and get to know your new home!

Our Hub!



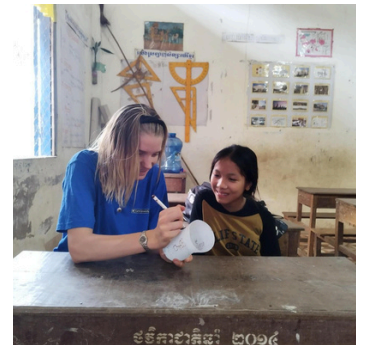
Week 1

This week will be an introduction to your internship project and the local community. You'll meet local community members and learn in-depth about the community programs ran by FutureSense Foundation. You'll make a plan for completing your project over the coming weeks and start some initial research. You might also start delivering some workshops at the local schools!



Weeks 2 + 3

This week you'll really get stuck into your project. You'll continue to meet with community members, conduct research, assist the FutureSense team with various activities, deliver workshops and potentially run some teacher training sessions.



Week 4

In your last week, you'll finalise your project and prepare for your final presentation of your work to the FutureSense team. You may also continue delivering workshops, teaching training sessions and helping FutureSense with day-to-day activities. On your last day you'll be transferred back to Siem Reap International Airport your flight home or continue your Global Citizenship journey elsewhere!



Weekends

Your weekends are free for you to explore the area as you wish. There's so much to do and see, but the Bat Caves are a must!



*Please note, projects will be designed in relation to the length of your stay. If staying longer than 4 weeks, your itinerary would include a repeat of weeks 2 + 3 while you fulfill project activities.



Details

Cost inclusions:

✓ Accommodation & meals

You will stay in our hub accommodation in shared dorm-style rooms and bathrooms. While you will be provided with home comforts, these will be different to your usual standards, but all part of the challenge! There are plenty of spaces for planning or relaxing after project hours, and the potential to meet other Global Citizens from across Australia and the UK. We provide 3 vegetarian meals per day Monday-Friday and can accommodate further dietary requirements (vegan, gluten free, allergies etc). You are free to explore local restaurants at the weekend!

✓ In-country transport

Any required transport for project work, as well as airport transfers. Our tuktuk drivers are also happy to help you explore the area in your free time.

✓ Pre-departure support

We will provide you with a Welcome Pack, Packing List and Program Brief to help you prepare for your travels. Our team are there every step of the way for extra support, and we'll organise a pre-departure meeting 6-weeks before you go to make sure you are ready for the adventure.

✓ In-country support

As well as supporting you in your project work, our team will be a 24/7 contact for you during your time overseas... they'll also have the best recommendations on how to spend your free time!

Independent costs:

- ✿ International flights
- ✿ Travel insurance (might be covered by your university)
- ✿ Visas
- ✿ Vaccinations - refer to [smarttraveller.com.au](https://www.smarttraveller.com.au) and consult with your doctor



There is nothing so rewarding as immersing yourself in a culture and engaging in meaningful relationships with local communities. You are challenged to push your limits and explore... this is an experience that I will take with me for the rest of my life!

Global Citizen, Caitlyn



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Sign up!

All you need to do is apply on our [website](#) and pay the \$250 booking deposit. Once accepted, you can pay the remainder of your program fee in fortnightly, monthly or quarterly instalments leading up to your challenge. Your final payment is due eight weeks before departure.

If you have any questions or need any further support, please get in touch with our team:

chloe@challengesabroad.com.au



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